

Shikshan Prasarak Mandal, Kamptee's

Seth Kesarimal Porwal College of Arts & Science & Commerce, Kamptee – 441 001

Affiliated to RTM Nagpur University, Nagpur, Maharashtra

NAAC Accredited with 'A' Grade

Internal Quality Assurance Cell (IQAC)

Dr. M. B. Bagade Principal Dr. P. R. Dhongle Coordinator

Date: 10 / 12 / 2020

Institutional Distinctiveness 2019 – 2020

Sports & Recreation

Food, Clothes, Shelter, Education and Health are the fundamental needs of human beings and the primary objective of every educational institute is to make the student capable to fulfill these needs. Even in the 21st century, 'Health' the last fundamental need is highly neglected and therefore the college has been striving hard since its establishment to make the students aware of health and fitness. The sports and recreation facilities available in the college is a distinctive feature among the institutions of the region.

College has provided infrastructural facilities to Football and Hockey players of this region from very beginning. Many students of this region aspire to seek admission in the college due to sports facilities and qualified and trained staff. College also gives fees concession to such aspiring students who get admission through sports quota. This has helped large number of students to play the game for the college and in turn to represent R. T. M. Nagpur University and State of Maharashtra. The college has won RTMNU Inter – Collegiate Championship in Football 19 times, RTMNU Inter – Collegiate Hockey Championship twice, RTMNU Inter – Collegiate Cricket and Kabbadi Championship once in last 55 years. This is quite a spectacular record which no other educational institution of the region could match. Mr. Bimal Ghosh, an alumnus of the college was awarded as the Best Football Coach of India in the year 1998.

Every year, the college tries to organize some Inter-collegiate Sports Tournaments. In the session 2019 – 20, an Inter-collegiate Football Tournament was organized in which 55 colleges participated. During this session, the college team has participated in various inter-collegiate tournaments of Football, Kabaddi, Volleyball, Wrestling, Kho-Kho, Boxing and Athletics. Three players from College Team (Mr. Naushad Akhtar, Mr. Sahil Meshram and Mr. Ata Ur Rahman) were selected for R. T. M. Nagpur University Football Team. Mr. Shubham Singnath participated in the 21st Usha National Athletics Championship, Delhi. Mr. Yash Rathod was selected for R. T. M. Nagpur University Cricket Tournaments at Gwalior and Guntur.



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In order to develop the sportswomen spirit in female students and make them physically fit, the girls are being motivated to participate in games like Football, Boxing, Athletics and Volleyball. Gradually, the girls are also proving their metal by excelling in various sports. Some of the girls have also represented University as well as State in these games and some of the girls have been able to get jobs under sports quota. Miss. Prachi Rangari participated in the State Level Tug of War competition and secured the 3rd position in the mixed event. Miss. Priya Janbandhu represented the University in All India Boxing Championship held at Meerut.

Apart from this, the college has started online and offline Yoga courses under the aegis of Department of Physical Education in the session 2019-20. This course facilitates the students and staff members to practice and learn Yoga to keep them fit and healthy.

Seth Kesarimal Porwal College of Arts & Science & Commerce

Kamptee

Principal Seth Kesarimal Porwal College of Arts & Science & Commerce, Kamptee